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DESCRIPTION OF THE PROGRAM

Offers a unique maternity care program integrating family medicine residents into full scope low-risk maternity care :

- » prenatal
- » intrapartum
- » postpartum
- » well baby

Provides residents role-modelling

Encourages and promotes residents to carry these skills into their future practice

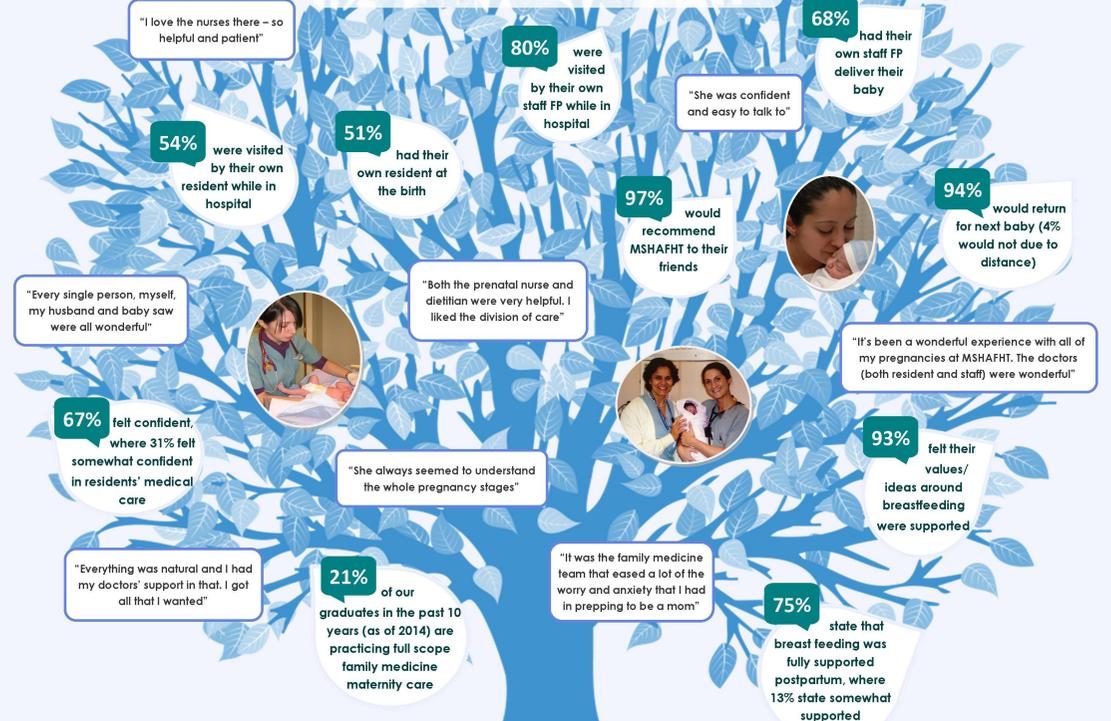
Interdisciplinary maternity care team

□ We provide:

- » Care to approximately 160 pregnant women per year
- » Continuity of care: Each woman is assigned a staff MD and a resident MD who, with alternating visits, will follow her throughout her pregnancy
- » Individualized prenatal visits with maternity care nurse
- » Collaborative learning environment
- » Access to specialized perinatal and postnatal services such as: genetic counsellors, perinatal mental health team, lactation consultants and obstetricians as needed
- » “Soft-call” model: staff MD and resident MD are on call for their designated patients resulting in a high number of women having their “own” MD attend their delivery

Outcomes:

72 of 160 women who delivered between April 1, 2012 to April 1, 2013 responded to a survey



OUR TEAM

MATERNITY CARE RN	STAFF MD	RESIDENTS	DIETITIAN	PHARMACIST	CLINIC ASSISTANTS
<ul style="list-style-type: none"> • Linchpin of our maternity care program • Individualized prenatal care for parents • Prenatal education • Ensures investigations and consultations are completed in a timely manner • Offers support from early first trimester into the postpartum needs for mother and baby • Available by telephone, email, for patient drop-ins and scheduled appointments 	<ul style="list-style-type: none"> • Prenatal care: alternating visits with the assigned resident • Intrapartum and postpartum care in the hospital • Newborn care in hospital and after discharge • Supports: <ul style="list-style-type: none"> • Residents and maternity care nurse in management of common pregnancy issues and education • Residents in management of labour and delivery • Residents in care of the newborn 	<ul style="list-style-type: none"> • Prenatal visits, including risk assessment and prenatal screening counselling - alternating visits with assigned staff • Manages common pregnancy issues in conjunction with the assigned staff md • Participates in intrapartum care as available • Assessment and care of mother and newborn in hospital and post discharge • 4-week postpartum visit and management of common issues (eg. Breast feeding, contraception, postpartum mood disorders) • Ongoing well baby care (eg. Assessment of growth and development, immunizations) 	<ul style="list-style-type: none"> • Supports women in making healthy diet choices • Addresses specific nutritional concerns • Facilitates baby’s transition to solids 	<ul style="list-style-type: none"> • Facilitates decisions around prescribing medications and vaccines in pregnancy and lactation to providers and patients 	<ul style="list-style-type: none"> • Weight checks, blood pressures, specimen gathering from the prenatal to the postpartum period • Weight checks and measurements of baby
			<ul style="list-style-type: none"> • SOCIAL WORKERS • Offer mental health counselling and resources to those with psychosocial concerns 	<ul style="list-style-type: none"> • NURSE PRACTITIONER • Preconception to early prenatal care • Available for urgent appointments • Management of common issues (eg. breast feeding, contraception, postpartum mood disorders) • Ongoing well baby care (eg. assessment of growth and development, immunizations) 	<ul style="list-style-type: none"> • SECRETARIES • Designated maternity care secretary