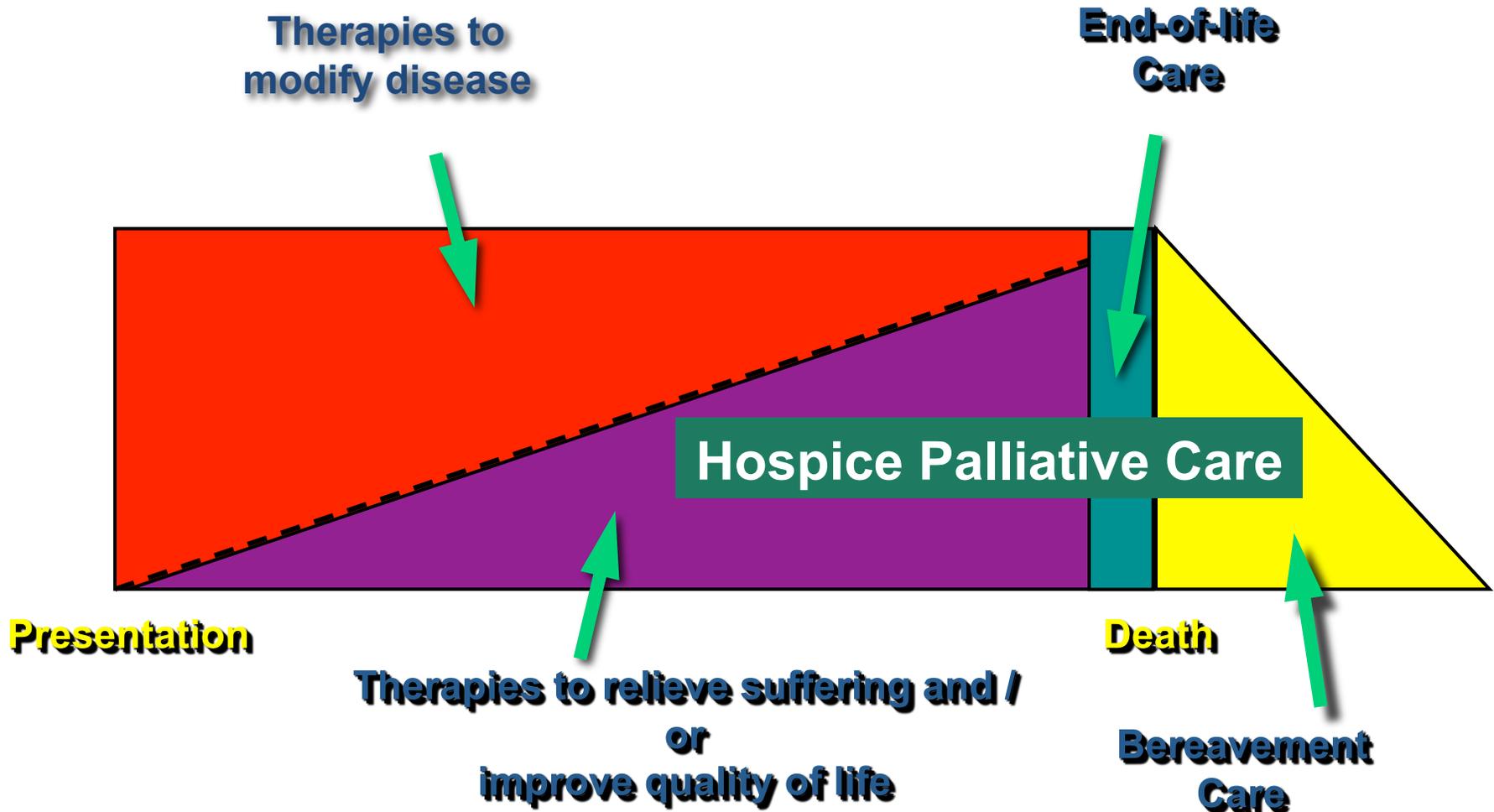


Holistic Palliative and Wellness Support for the Whole Family

Upper Grand FHT
AFHTO 2012 Conference

Current Model

Frank Ferris Oct 2005



Best Practices for WW IHPC

(WW LHIN Aug 23, 2012)

- Easy entry to hospice palliative services
- Simple navigation of resources
- Emotional support
- Practical and physical support
- Pain and symptom management
- Bereavement support
- Communication btw professionals
- Education for team members

Upper Grand FHT

Holistic Supportive Palliative Care Model

- Specialized palliative nurse: CHPCN(C), 28 yrs palliative care
- Social worker: MSW gerontology; post grad grief & bereavement/thanatology
- Referrals from FHT MD/NP, LHIN
- Most effective: complicated, children, low support

Upper Grand FHT

Holistic Supportive Palliative Care Model

1. **Joint initial visit** RN & SW: gather info on health of patient and caregivers/family
2. **Early intervention**, up to a year in advance:
 - Rapport and continuity
 - Wellness plan for patient and family
 - Assess change in patient and family
3. **Close collaboration** w FHT MD/NP
4. **Post-death continuity** of care

CASE STUDIES

Elderly couple

Young couple with children

Single adult man