



# Mapping the Adult Learner: Our Clinic's Journey

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# On the Agenda

- Diabetes Care Guelph
  - *Who We Are*
  - *Mission/Vision*
- Activities
  - *You're the Expert*
  - *Teach Each Other*
- Program Development
- Questions

# Diabetes Care Guelph

- Part of the Guelph Family Health Team
- **Funding:** MOHLTC
- **Location:** Dawson Rd. Family Med Center, Guelph
- **Pop Served:** City of Guelph, Surrounding Area
- **Established:** 2008 (Only 2 years old)

# Diabetes Care Guelph

## *Mission*

To provide knowledge, resources and health management programs to assist all people with diabetes and their families in developing the skills required for effective self-management for their diabetes.

# Diabetes Care Guelph

## *Vision*

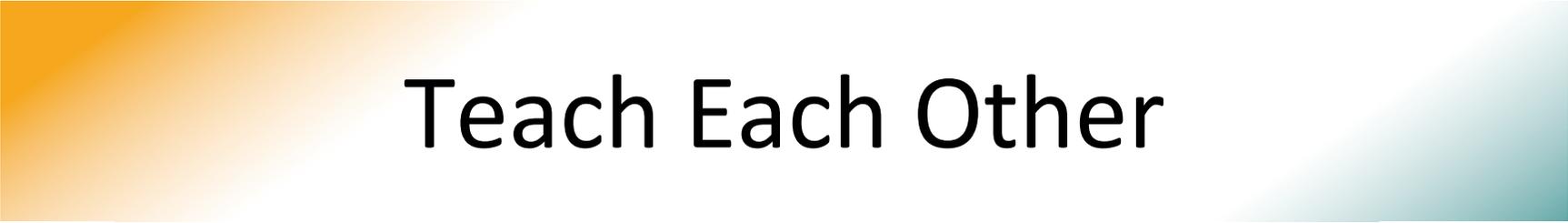
For our program to:

- (i) Provide patient-centered Care
- (ii) Improve clinic outcomes/efficiency



You're the Expert

Group Activity



Teach Each Other

Group Activity

# Diabetes Care Guelph

## *Vision*

For our program to:

- (i) Provide patient-centered Care
- (ii) Improve clinic outcomes/efficiency

# Patient-centered Care

## What does it mean?

- Most understood for what it is not:
  - technology centered
  - doctor centered
  - hospital centered
  - disease centered<sup>1</sup>
- the degree to which patients have the education and support they need to make decisions and participate in their own care <sup>2</sup>

# Multi- dimensional meaning

- Patients become actively involved in their own care and improve the services designed to focus on their individual needs<sup>3</sup>
- recognizing that patients' preferences may change over time in response to clinical circumstances<sup>4</sup>

# The longest River



# Clinic Set up/ Flow

Initial Appointment	Group Seminars	Follow-Up Appointments
<ul style="list-style-type: none"><li>• 60 min</li><li>• RN/RD</li><li>• Assess patient needs</li><li>• Outline available services within DCG program</li></ul>	<ul style="list-style-type: none"><li>• Living with Diabetes</li><li>• Starting Insulin</li><li>• Beyond the Basics</li><li>• Advanced Carb Counting</li><li>• Energizing Fitness</li></ul>	<ul style="list-style-type: none"><li>• Frequency more often in the beginning</li><li>• Patient preference</li></ul>



So What Now?