

OISE PSYCHOLOGY CLINIC UNIVERSITY OF TORONTO - ST. GEORGE

CHILD AND ADOLESCENT SERVICES No Referral Needed - Sliding Scale Fees

PSYCHOLOGICAL TESTING

- To assess LEARNING CONCERNS, ADHD, SOCIAL-EMOTIONAL PROBLEMS:- GIFTEDNESS - STUDY SKILLS -
- Testing consists of:
 - (1) Interviews with parents and child/youth,
 - (2) Cognitive/academic testing, (3) Social emotional, behavioural assessment, (4) Play observation, (5) Feedback session, (6) Written report with targetted recommendations for home, and school, (7) School observation and consultation if needed, (8) Recommendations to support IEPs.

PSYCHOTHERAPY FOR CHILDREN, TEENS AND FAMILIES

- Areas of speciality:
 - (1) ANXIETY AND MOOD DISORDERS, (2) BEHAVIOURAL PROBLEMS (3) TRAUMA (4) PEER RELATIONSHIPS (5) PARENTING CONCERNS, (6) DIFFICULTIES COMMUNICATING WITH TEENS (7) ATTACHMENT DIFFICULTIES

EVIDENCED BASED TREATMENT

- The clinic offers Relational, Attachment Psychotherapy Cognitive-Behavioural Therapy, Dialectical Behavioural Therapy, Family Therapy.
- Short and long-term therapy to target client's needs .
- Initial evaluation, followed by goal oriented treatment and frequency feedback sessions to monitor progress.
- Support in facilitating additional referrals if needed.
- Interprofessional collaboration

CHILD, ADOLESCENT FAMILY CENTERED SERVICES:
Psychological Testing
Play Therapy
Child and Adolescent Psychotherapy
Family Therapy

TO BOOK AN APPOINTMENT:

CONTACT: OISECLINIC@UTORONTO.CA

TE. (416) 978-0620

FAX (416) 926-4763



UNIVERSITY OF TORONTO
OISE | ONTARIO INSTITUTE
FOR STUDIES IN EDUCATION