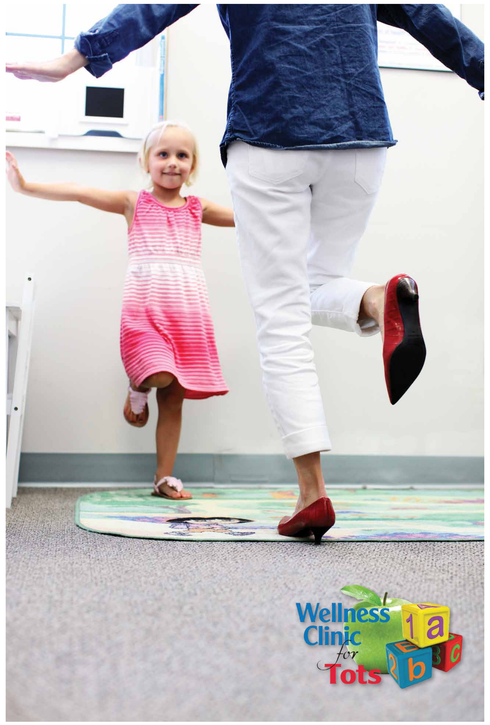
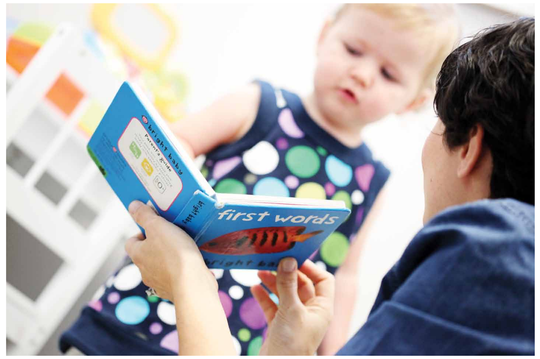
A Partnership Approach to the Well Child Check Up

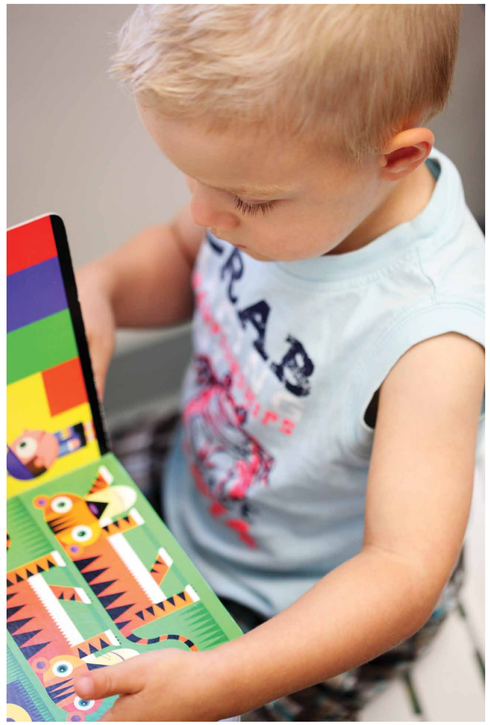
Integrating the Community Around the Patient

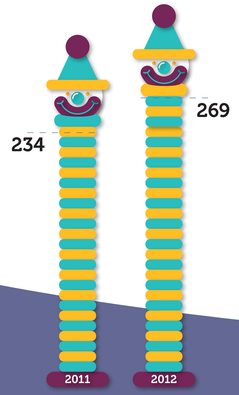


Wellness Clinic for Tots was developed jointly by Perth District Health Unit and Stratford Family Health Team to service the 18-month Enhanced Well Baby Visit. The model has grown over the years with changing providers and responsibilities to the successful program it is today. It is now offered to 18- and 36-month-old children. A registered nurse provides the visits, which are guided by three tools (NDDS, RBR, NutriStep), followed up with a physician visit shortly after. Perth District Health Unit analyzes the program data and creates annual reports summarizing results.

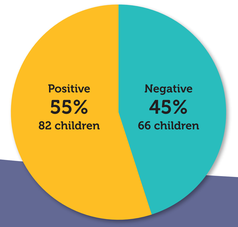
This partnership has led to other agency involvements, committees, and most importantly, to a patient supported by his or her community. Patients may be referred to one or more of the following : Small Talk-Speech, Family Doctor, Dietitian, Respiratory Nurse (Asthma), Ontario Early Years Centre, Mental Health Services, Children's Resource Consultant Program, and Public Health (HBHC Program).



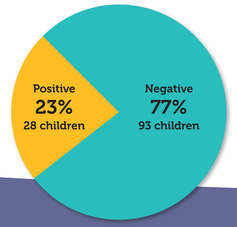




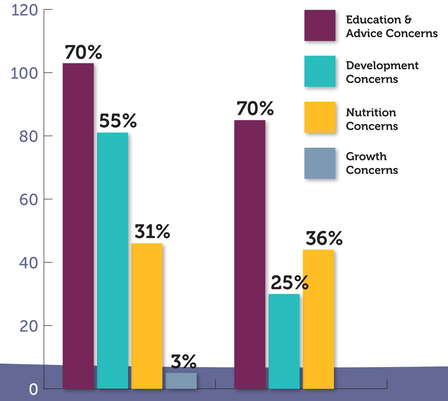
Total number of children seen at Wellness Clinic for Tots in Stratford and Milverton



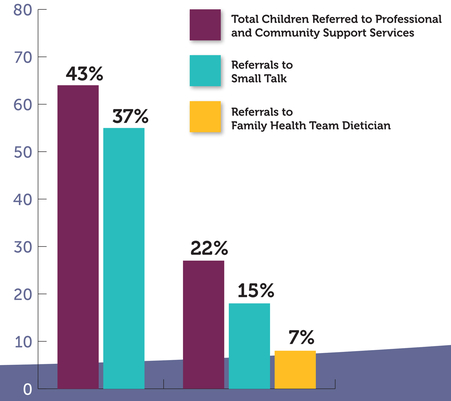
Nippising Screen Results
Children age 18-months | 2012



Nippising Screen Results
Children age 36-months | 2012



Concerns Indicated by RBR, NDDS and NutriStep
Children age 18-months (left) and 36-months (right) | 2012



Referrals Made to Professional Services
Children age 18-months (left) and 36-months (right) | 2012

STRATFORD FAMILY HEALTH team | PARENT SATISFACTION SURVEY

Let us know how we are doing!

Wellness Clinic for Tots

Partners for your healthy life

■ *Service Provider:* ☐ Registered Nurse ☐ Other _____ ■ Year _____

■ *Parent/Guardian Age:* ☐ 19 or under ☐ 20-34 ☐ 35-44 ☐ 45-54 ☐ 55 or older

■ *We are visiting the Wellness Clinic for Tots today for my child's:* ☐ 18 Month ☐ 36 Month

■ *Please circle the number that best describes your opinion.*

	Very Satisfied	Satisfied	Neutral	Dissatisfied	Very Dissatisfied
Overall, how satisfied are you with today's visit?	1	2	3	4	5

The nurse:	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Not Applicable
1) Answered my questions well and fully discussed concerns about my child's health and development with me.	1	2	3	4	5	NA
2) Talked to me about preventative care and safety for my child (e.g. tobacco use, nutrition/weight, car seats, sun protection).	1	2	3	4	5	NA
As a result of this visit:						
3) I now know more about my child's development and the things that affect it (e.g. activities, nutrition, sleep, etc.)	1	2	3	4	5	NA
4) I feel more confident about myself as a parent.	1	2	3	4	5	NA
5) I would recommend the Wellness Clinic for Tots to other parents.	1	2	3	4	5	NA
6) I plan to bring my child back to the Wellness Clinic for Tots when my child is 3 years old.	1	2	3	4	5	NA

■ *We welcome any comments you would like to share regarding your experience:*

■ *Thank You*

Your views are important to us and will assist us in improving our service to our patients and achieving a higher level of patient satisfaction.

Data provided by Perth District Health Unit