

Theme 1: Planning programs and fostering partnerships for healthier communities

1. Improving Social Determinants of Health in Pregnant Women in the Thorncliffe Park Community
2. Maximizing Small Grant Funds to Make Big Impacts in Cancer Screening Participation
3. Exercise Is Medicine: Prescription for Exercise
4. Breaking the Barriers to Mental Health Care Using Multiple Strategies
5. The MAC H2OPE (Helping Hamiltonians Through Occupational Therapy and Physiotherapy Engagement) Clinic at the Hamilton Downtown YMCA: Right Care, Right Time, Right Location
6. Let Them Be Heard! Youth-Driven Preventative Care in a Rural Setting
7. Healthy Bones: Preventing Fractures Before They Happen
8. Primary Care Led Community Walking Group Program: Does It Work?
9. Cancer Screening Day - A Wellness Day for Women
10. Primary Care for Persons with Spinal Cord Injury: How Can We Do Better?
11. Identifying Older Adults at Risk for Falling in the Community Using a Quick Screening Survey
12. Purposeful Volunteering: Developing the Health TAPESTRY Volunteer Role to Support Health Goals of Vulnerable Populations in Two Complex Interventions
13. Healthy Eating and Healthy Communities: Primary Care and Public Health Partnering to Promote Child Healthy Weights
14. Literacy for Life: Early Literacy in the Clinical Setting
15. Eating the Mediterranean Way – An FHT Program Utilizing Existing Community Resources
16. Pathways to Promoting Mental Health: A 2015 Survey of Ontario Public Health Units (PHUs)
17. Psychiatry in Primary Care Toolkit: Using Technology to Advance Mental Health Care in Ontario
18. “Bone Up” on Delivering a Successful Community Bone Health Program
19. Mind X: “X”ing Out Mental Health Issues in High Schools
20. How to Become Unbreakable - Engaging Teens in a Therapeutic Running Program
21. Innovative Partnerships to Enhance Culturally Competent Comprehensive Perinatal Care
22. Saying When: Increasing Awareness of Canada’s Low-Risk Alcohol Drinking Guidelines Through an Innovative Knowledge Tool and Knowledge Exchange Plan

Theme 2: Optimizing access to interprofessional teams

23. Community Access to FHT/CHC Programming
24. CAMH Integrated Care Project: Primary Care Assessment and Research of a Telephone Intervention for Neuropsychiatric Conditions with Education and Resources (PARTNERS)
25. Everyday Counts - Keeping Up with Today’s Work Today
26. Variety Is the Spice of Life - Choosing a Diabetes Education Program to Meet Your Needs!

Theme 3: Strengthening collaboration within the interprofessional team

27. The Sky Did Not Fall: Reconfiguring our Nursing Staff to Do More Nursing Work
28. Improving the Quality and Efficiency of the Routine Diabetes Visit Through Interdisciplinary Collaborative Care and Patient Goal Setting
29. Using RNs to Their Full Scope of Practice to Improve HbA1C Rates
30. One Call = One Appointment: Changing the Booking Process for “Same Day” Appointments Across the Garden City FHT
31. Teaching Teams to Teach: Program Evaluation Results from an Interprofessional Faculty Development program in Academic Family Medicine
32. Strengthening Interprofessional Education with Residents in an Academic FHT
33. A Quality Improvement Project to Improve the Timely Measurement of A1C
34. The Partners in Pregnancy Clinic: Innovative Interprofessional Collaboration within the Health Team Model
35. PanAm Recognition and Improving Team Culture Through Workplace Wellness
36. You Can Smoke Alone, but You Can’t Quit Alone: Kick the Habit with Professional Advice, Pharmacotherapy Options and Ongoing Support
37. Interprofessional Teamwork to Support Optimal Aging and Health Goals: Solutions and Strategies from the Health TAPESTRY Intervention Study
38. Collaborative Practice Between Physiotherapy and Lactation Consultant to Address Breastfeeding Difficulties in Infants with Torticollis
39. Prescribing to Improve Quality, Safety, and Efficiency
40. My Cancer ‘IQ’ in Primary Care



Theme 4: Measuring performance to foster improvement in comprehensive care

41. Immunizations: Shooting Up Outside of Flu Season
42. Utilizing EMRs to Support Practice Performance Management and Quality Improvement
43. Understanding NP Activities in FHTs: A Tale of Three Data Sources
44. Cervical Cancer Screening at Health For All: Improving the Data and How You Can Do It Too!
45. Taking Stock: Improving One of Ontario's Largest Primary Care Databases
46. Change as the Only Constant: Maintaining High Quality Patient Care in the Face of Staff Turnover
47. Using Lean Processes in Front Line Primary Care: An Interdisciplinary Approach to Streamlining the Referral Process
48. Quality of Life- A Team Based Outcome
49. Stroke Prevention in AF Patients Using Facilitated Quality Improvement – Update and Expansion
50. Is an Ounce of Prevention Worth a Pound of Lifestyle Change?

Theme 5: Coordinating care to create better transitions

51. Approaches to Strengthen Patient-Centred, Integrated, Best Practice, Vascular Health in Primary Care
52. Models of Collaboration Between Primary Care and Mental Health and Substance Use Services
53. Psychosis – What You Need to Know & Where to Find Help
54. Moving the Referral Process to the Passing Lane: A Lean Green Project

THEME 6: Leadership and governance in a changing environment

55. KWIDDITCH (QIDSS) Partnership
56. Mission Possible: Generating Buy-In for Incident Reporting
57. Moving from a 'Short-Straw Pulled' to a Committed Group of Members on the Board

Theme 7: Clinical innovations to address equity

58. Improved Diabetes Care through “One-Stop Shopping” Diabetes Clinics
59. There's an “i” in Pill but no “i” in Team. Cognitive Behaviour Therapy and De-prescribing to Combat Insomnia: An Interdisciplinary Collaborative Approach
60. A Grounded Theory Study to Develop an Incentive Model for Quality Care of Depression and Anxiety in Ontario FHTs

61. Building a Single Session Counselling Clinic in Five “Easy” Steps! Improving Access and Outcomes in Primary Care Mental Health
62. Concurrent Treatment of Depression and Alcoholism within Primary Care – The DA Vinci Project
63. Motion Picture Design in Depression Care: How We Are Using “Storyboarding” to Create a Person-Centred Care Pathway for Depression
64. Taking a Bite Out of Malnutrition in Family Practice: The TAPESTRY Project
65. Bringing Back the House Call...NP-Led Home Visit Program Improves Access to Primary Care
66. Let's Prevent Falls: Does a 5 Week Falls Education and Exercise Program Show Any Benefit for Our Rostered FHT Patients?

